


JUNE 2015



ARNOLD F. HABIG COMMUNITY CENTER
 OLDER AMERICANS
 1301 St. Charles Street, Jasper, IN 47546
 Phone: 482-4455
 Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Texas Holdem	2 10:00 Tender Loving Crafts Class 11:15 B/P Checks 12:00 Bingo	3 9 - 10:30 FREE Computer Assistance 11:00 Water Aerobics 12:30 Phase-10 & Mah Jongg	4 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	5 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me	6
7 Center Open 1-4	8 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Hearts 3:00 RSVP due for Catered Meal ✓	9 10:00 Tender Loving Crafts Class 12:30 Tripoley 12:30 Scrabble	10 9 - 10:30 FREE Computer Assistance 11:00 Water Aerobics **No activities due to Banquet Room Rental	11 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	12 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Golf 3:00 RSVP for Boomerama ✓	13
14 Center Closed 1-4	15 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:00 Boomerama 12:30 Phase-10 3:00 RSVP Lunch Bunch ✓	16 10:00 Tender Loving Crafts Class 11:15 Blood Pressure Checks 12:00 Bingo	17 7:30 Sign-up for Vincennes Trip ✓ 9 - 10:30 Computer Assistance 11:00 Water Aerobics 12:00 Catered Meal 12:30 Mah Jongg	18 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney	19 8:30 Mah Jongg 10:00 Singing Seniors @ Scenic Hills Ferdinand 12:30 Hearts	20
21 Center Open 1-4 	22 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Pay Me	23 10:00 Tender Loving Crafts Class 11:00 Lunch Bunch 12:30 Dominoes 12:30 Scrabble	24 9 - 10:30 FREE Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Tripoley	25 8:00 Leave Jasper High School for Patti's 9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	26 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Phase-10	27
28 Center Open 1-4	29 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Golf	30 10:00 Tender Loving Crafts Class 11:15 B/P Checks 12:00 Bingo	Staff Carie Dick-Director Bev Hinkle-Assistant Director Kris Hochmeister-Receptionist			

Van Drivers: Tanya Jackson & Bernie Schaeffer



JUNE HOMEBOUND 2015

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Pasta Casserole Cauliflower Hot Wheat Roll Pudding	2 Smoked Sausage Onions & Peppers Mashed Potatoes Sauerkraut Grape Juice/Bread	3 Chicken & Rice Broccoli Hot Spiced Pears Wheat Bread	4 Chuckwagon Patty Diced Potatoes Mixed Vegetables Oatmeal Pie Wheat Bread	5 Sloppy Joe Cheese Potatoes Peas Fresh Apple Bun	6
7	8 Chicken Patty/Gravy Mashed Potatoes Carrots Pudding Wheat Bread	9 Beef Stew Corn Biscuits Pineapple Juice Wheat Bread	10 Ham & Beans Cornbread Spinach Oatmeal Pie	11 Hamburger/Cheese Potatoes Green Beans Granola Bar Wheat Bread	12 Grilled Cheese Soup Peaches Crackers/Cookie	13
14	15 Hot Dogs Baked Beans Sauerkraut Pineapple Wheat Bread	16 Cheese Omelet Potato Rounds Stewed Tomatoes Orange Juice Wheat Bread	17 Sausage Gravy Biscuits Hash browns Fresh Orange Cookie	18 Meatloaf Diced Potatoes Corn Graham Crackers Wheat Bread	19 Tuna Peaches Salad Potato Chips Wheat Bread	20
21	22 Salisbury Steak/Gravy Mashed Potatoes Vegetable Blend Mixed Fruit Wheat Bread	23 Parmesan Chicken Stewed Tomatoes Potatoes Grape Juice Bun	24 Teriyaki Chicken Sliced Potatoes Lima Beans Pears Wheat Bread	25 BBQ Rib Corn Broccoli Granola Bar Wheat Bread	26 Soup Sandwich Hot Apples Slaw	27
28	29 Swedish Meatballs Broccoli Carrots Mixed Fruit Wheat Bread	30 Pork BBQ Baked Beans German Potato Salad Pineapple Juice Wheat Bread	Dubois, Daviess, Martin, Pike GENERATIONS NUTRITION Menu Subject to change without notice. Meals served with milk & margarine.			

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



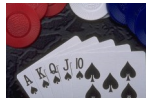
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Summer weather.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
JUNE, 2015**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12.** Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational & a super way to meet new friends.



June 2nd - Flower Pots - Decor
June 9th - 5 x 7 Canvas Art
June 16th - Jewelry & Extenders
June 23rd - Sun Catchers
June 30th - "Catch Up"

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **Scenic Hills in Ferdinand at 10 a.m. on Friday June 19th.**



- **BINGO:** Will be played at 12 p.m. **Tuesdays, June 2nd, 16th and 30th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O									
7	25	44	57	62					
15	22	40	50	70					
11	30			46	74				
2	28	37	55	68					
10	27	39	59	75					

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays June 2nd, 16th, and 30th.**



- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **EXERCISE CLASS** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



CARD TOURNEYS



- **Thursday, June 4th**
Cinch Tourney
- **Thursday, June 11th**
Rum Tourney
- **Thursday, June 18th**
Sheephead Tourney
- **Thursday, June 25th**
Euchre Tourney

Tournaments begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, June 1st at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m. the morning you play.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. Tuesday, June 23rd.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning the game. **Please call in by 10 a.m. if you are coming in to play.**

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. Friday, June 5th & Monday the 22nd.** Bring your change, we play for 10 cents a round and 25 cents a game. **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. Tuesday, June 9th & Wednesday the 24th** We have a lot of fun! **Please call in by 10 a.m. game day if you would like to play.**



- **SCRABBLE:** How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesdays, June 9th & 23rd.** We have a lot of fun! **Please sign-up by 10 a.m. game day if you plan to attend.**

- **PHASE-10:** Will be played **Wednesday, June 3rd, Monday the 15th and Friday the 26th at 12:30 p.m.** It is a fun easy card game. We play a quarter a game. **Please call in by 10:00 a.m. if you would like to play.**

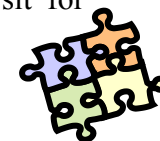
- **HEARTS:** Is a fun game we will play at **12:30 p.m. Monday, June 8th & Friday the 19th.** This game is easy to learn and very enjoyable. We play a quarter a game with low score winning! **Call in by 10:00 a.m. if you will be able to play.**

- **GOLF:** The card game, will played **Friday, June 12th and Monday the 29th at 12:30.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. to sign up.**

- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing, Baseball, Zumba & Just Dance are available for you to play.



- **PUZZLES:** We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER

SPECIAL ACTIVITIES

- **LUNCH BUNCH:** Meet at MAC-A-DOO'S Restaurant in Jasper, Tuesday June 23rd at 11:00 a.m. The plate lunch is \$7.00 plus drink or order from the menu. As always the meal is "dutch treat". **Reservations are due by 3:00 p.m. Monday, June 15th.** Come enjoy good food and visit with old friends & make new ones!



- **CATERED MEAL:** Will be held at 12:00 Wednesday, June 17th with Barnyard Bar-B-Q Catering, preparing the meal. The menu will be: 1/4 Bar-B-Q chicken, scalloped potatoes, corn, California blend with cheese sauce on the side, sweet & sour lettuce, log cabin bread and lemonade. Cost of the meal is \$8.75. **Please make your reservations by 3:00 p.m. Monday, June 8th.**



- **BOOMERAMA:** Monday, June 15th at 12:00, Jan Dougan will be the guest speaker. She will give a presentation entitled **Health and Life Planning, 2 more spokes on that wheel of life.** The program is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, June 12th.**



- **BOOK CLUB:** Will discuss "Molokai" by Alan Brennert at 12:30 p.m. Thursday, June 11th. July's book will be "Smoke Screen", by Sandra Brown. Sure to keep your attention. A "scorching" action filled book of corruption, betrayal and revenge. New members are always welcome. **(Meeting in The Library at Center)**



- **WATER AEROBICS:** Jasper Municipal Pool every Monday & Wednesday morning at 11 a.m. The cost of the 45 minute class is \$4.00 per person, or a swim ticket.



TRIPS

JUNE

BADGETT'S PLAYHOUSE PATTI'S

Thursday, June 25th leave Jasper High School South Parking lot at 8:00 a.m. pick-up in Huntingburg at the Methodist Church at 8:15..and go to Grand Rivers, KY, home of Patti's Restaurant and Badgett's Playhouse. Upon arrival enjoy lunch at Patti's then it is over to Badgett's Playhouse/Variety to see "Fabulous 50's"



JULY

VINCENNES, INDIANA Tuesday, July 28th

Guided tour of: Red Skelton Museum, Indiana Military Museum, Old Cathedral and Old Cathedral Library. Lunch will be Dogwood Catering an Amish Buffet. We will leave the Jasper High School at 8:00 a.m. Cost for the day will be \$47.25 transportation, museum admission and lunch. Sign-ups start by phone at 7:30 a.m. Wednesday, June 17th. Money is due by 3:00 p.m. Monday July 6th.

NOTICE: For the trips in June and July the buses will leave from Jasper High School South Parking Lot. (South parking lot is closest to St. Charles Street.)

RAINBOW MESSENGER

• **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

• **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



• **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

HAPPY BIRTHDAY

JUNE



4th	Donna Vogler
8th	Susie Stemle
9th	Priscilla Starkey
12th	Cheryl Trambaugh
15th	Linda Klem
15th	Henrietta Buechler
16th	Rosie Wiesehan
22nd	Anna Marie Mehringer
22nd	Ruth Kuebler
23rd	Emily Platt
23rd	Martha Howard
29th	Helen Schroeder

Anniversaries

JUNE

2nd	Bernie & Donna Vogler
18th	Brian & Susie McKee
22nd	Arthur & Connie Welp
26th	Dan & Kathy Schnarr
27th	Cletus & Joan Knies

Recipe Exchange



Fried Rice with Chicken

Ingredients:

3 bacon strips, diced
½ lb. boneless skinless chicken breasts, cubed
1 medium carrot, chopped
1 celery rib, chopped
2 eggs, beaten
1½ cups cooked rice
2 tablespoons soy sauce
Optional: mushrooms, onion or anything else you would like.

Directions: In a large skillet, cook bacon over medium heat until crisp. Remove to paper towel. In the drippings, sauté the chicken, carrot and celery until chicken juices run clear; remove and keep warm. In the same skillet, scramble eggs over medium heat, breaking into small pieces. Stir in the chicken mixture, rice, soy sauce and bacon. Submitted from: Taste of Home 's Quick Cooking / Dinner for 2
Have a good recipe to share? We would be happy to publish it.



There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others.

Call the Center at 683-2994 to make reservations for the Card Tournaments held at 12:30 p.m. on **Mondays**. You will enjoy the day!!

There will be Bingo all 4 Wednesdays, in June



Branson & Fantastic Caverns

Trip is: June 1-5

Sign-up for: Ocean City, MD Trip
September 20-25

Cost: \$554.00 per person
(dbl. occupancy)

Contact Rita Reller at 683-2994
for more "info" or to make
reservations.

\$100.00 deposit due at signing.
Make checks payable to The City of
Huntingburg and bring or mail to
The Huntingburg Senior Center,
309 N Geiger St., Huntingburg, IN
47546.



HUNTINGBURG SENIOR CENTER

JUNE 2015

The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	

Deer in the Headlights - A card & dice game. Several have learned to play this and really enjoyed it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Puzzle: We have one started, come in and help put it together!



CARRY-IN LUNCH

Thursday, June 11th. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



Monday, June 29th at 10:30

BRUNCH

Please call the Senior Center by:
Thursday June 25th if you plan to
attend.

Don't quit walking just because the gym is closed. Walking trails are available in the City and around the county so you can continue your fitness routine.



**** Get your Blood Pressure Checked****
First Wednesday of the month from
12:30 - 1:00 p.m.

JUNE BIRTHDAYS

Susie Stemle - 8th
Rosie Schaefer - 17th
Linda Miller - 10th



JUNE 2015

HUNTINGBURG SENIOR CENTER



Sun	Mon - 10-5	Tue - Closed	Wed - 10-5	Thu - 10-5	Fri - 10-4	Sat
	1 12:30 p.m. Cinch Tourney Sponsor: Brookside	2 CLOSED	3 12:30 - 1:00 Blood Pressure Checks 1 p.m. Bingo Sponsor: HLS 2 p.m. Cards/Games	4 CLOSED	5 CLOSED	6
7	8 12:30 p.m. Euchre Tourney Sponsor: The Timbers	9 CLOSED	10 1 p.m. Bingo Sponsor: ViaQuest 2 p.m. Cards/Games	11 12:00 Carry-In Lunch Sponsor: St. Charles 1p.m. Games/Cards	12 CLOSED	13
14	15 12:30 p.m. Cinch Tourney Sponsor: Northwood	16 CLOSED	17 1 p.m. Bingo Sponsor: Scenic Hills 2 p.m. Cards/Games	18 11:00 Speaker Mike Steffe YMCA 1p.m. Games/Cards	19 CLOSED	20
21	22 12:30 p.m. Euchre Tourney Sponsor: ViaQuest	23 CLOSED	24 1 p.m. Bingo Sponsor: The Waters 2 p.m. Cards/Games	25 11:45 Generation Presentation (Dodie Uhl) 12:00 Carry-In Lunch 1p.m. Games/Cards	26 CLOSED	27
28	29 10:30 a.m. Brunch 12:00 Games & Cards	30 CLOSED	309 N. GEIGER 812-683-2994 Phone & Fax Rita: 812-309-9576 or 536-5428			

